Catholic Parishes of Aberystwyth and Lampeter Plwyfi Catholig Aberystwyth a Llanbedr Pont Steffan

Welsh Martyrs Church

Piercefield Lane,

Aberystwyth, SY23 1RX

Holy Cross Church Victoria Street, Our Lady of Mount Carmel Pontfaen Road, Lampeter, SA48 7BS

Aberaeron, SA46 0DA I

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2 nd March	2025 8 th Week of Ordinary Ti	me Year C Weekday Year I	Psalter Week IV
Date	Welsh Martyrs Merthyron Cymru	Holy Cross Groes Sanctaidd	Our Lady of Mount Carmel Ein Harglwyddes o Fynydd Carmel
Sun 2 nd March	8:30am Holy Mass Ernesto & Giovanna Orsi RIP 10:00am Reconciliation 10:30am Holy Mass St Padarn's School	9:00am Holy Mass November Dead List	11:00am Holy Mass Pro Populo
Mon 3 rd March			
Tue 4 th March			6:00pm Adoration & Reconciliation 7:00pm Mass May Hatzer RIP
Wed 5th March Ash Wednesday	7:00pm Holy Mass Xavier Xavier RIP	9:00am Holy Mass	11:00am Holy Mass
Thu 6 th March	UNIVERSITY CAMPUS – CAMPWS Y BRIFYSGOL 6:30pm Reconciliation 7:00pm Holy Mass Intention	9:30am Adoration & Reconciliation 10:30am Mass Intention	
Fri 7 th March	5:00pm Adoration & Reconciliation 6:00pm Mass In thanksgiving		
Sat 8 th March	Samantha Wynne-Rhydderch 9:30am Adoration & Reconciliation 10:30am Holy Mass Iestyn Daniel RIP		
Sun 9th March 1 st Sunday of Lent	5:00pm Sacrament of Reconciliation Saturday 6:00pm Vigil Mass Sr Clare O'Loughlin RIP Sunday 8:30am Holy Mass Pro populo 10:00am Reconciliation 10:30am Holy Mass John Rhydderch RIP	9:00am Holy Mass November Dead List	11:00am Holy Mass Pro populo
	y Collection - Casgliad y Sul <i>Thank</i> erystwyth & Aberaeron) £148.40 (L		

Of your charity Please pray for the repose of the soul of Elizabeth Huxtable (94) of Aberarth, who died on 25th February and whose funeral arrangements will be made known in due course. May she rest in peace and rise in glory.

Funeral The funeral Mass of Mr John (Johnny) Devlin will take place at Holy Cross Church, Aberaeron on Monday 10th March at 10:30am. His remains will then be taken to the midlands, where Mass will be celebrated in his home parish prior to burial

Luccia Deremont's funeral service will take place at Aberystwyth Crematorium on 11th March at 9:30am.

Ash Wednesday marks the start of Lent this week. Mass times can be found above in the table. In addition, there shall be a school liturgy at St Padarn's School at 1:15pm. Please note there is a change from what was said last week: Mass in Welsh Martyrs shall be at **7:00pm** – this is to accommodate workers and those who may need to travel to get to Mass. The mini bus will be operative too on Wednesday; the pickup times are: Llanbadarn Rd, 6:15pm. Waunfawr bus stop, 6:23pm. University entrance, 6:25pm. Bus station (stand 6), 6:31pm. Arrive to Welsh Martyrs, 6:40pm. This day is one of two in the year when we are asked to abstain from meat and to fast (so long as we are able and not impaired through frailty or illness)

Lent is a time of preparation for Easter in which we undertake a commitment to fast or give something up – have you try leaving social media turned off? We undertake a commitment to pray more – is there a new prayer you want to lean? And to give alms – is there a particular charity we would like to support? or someone we can support with our time? I shall pray for you in all in your Lenten endeavors.

Hospital Chaplaincy Fr Liam has been appointed as a chaplain to Bronglais hospital. If you are going to hospital please do let him know in advance and arrangements can be made for you to receive the sacraments. If you, or a loved one, is admitted to the hospital for a sudden admission/emergency, and you would like the priest to call immediately, the best way to summon Fr Liam is to ask the ward staff to call for the catholic chaplain via the hospital switchboard. The switchboard will be able to make direct contact though the hospital pager.

Health and Safety The diocese has recently launched a new 'Health and Safety Toolbox' for every parish in the diocese. This is a website-based assessment and notification system, which alerts the parish priest to actions which are outstanding or need reviewing. Some tasks are easily accomplished, while others will take a bit of thought. As such, over the next few weeks our parish estate will need to be assessed, and some changes made where we are found to be lacking. I'm delighted to say that there is much which is being done well and we are off to a great start. Nevertheless, please be aware that we may need to take some extra care over a few items and some changes may be needed in the next few weeks. In the spirit of keeping everyone safe **please make note of the following:** 1) In the event of a fire, sound the alarms by activating the nearest call point, or by shouting "Fire, fire!" 2) Make your way immediately to the nearest exit, in a safe manner, leaving bulky objects behind. You may need to assist those who are close to you and have impaired mobility 3) Assemble at the designated areas, which are : Welsh Martyrs – The car park area, in front of the gate to the Presbytery. Holy Cross – The public carpark behind the church. Our Lady of Mount Carmel – The car park to the right of the church. 5) Call 999 and ask for the fire brigade 4) Do not return to the building 5) If you believe there are persons not accounted for, inform the priest and emergency services. Please note, a fire drill will be conducted at all Masses in the near future.

Family Fast Day during the Lenten season CAFOD organize the family fast day which this year is on Friday 14th March. We are asked, either individually or as a family, to abstain from some item of food and to donate the money saved to CAFOD. This is to benefit those living in poorer parts of the world. Envelopes are available to use in which your dontated money can be brought back to the church.

World Day of Prayer (established in 1887 as the Womens's World Day of Prayer) takes place on the first Friday in March which this year is March 7th. The theme is 'I made you wonderful' and is coordinated this year by the Cook Islands. A bilingual service will take place at Capel Noddfa in Lampeter (next door to the Co-Op) at 10:30am and members of Lampeter parish will be taking part. Please do support this event if you can.

Dona is the digital system that allows charitable giving. I'm aware that there were problems with it last week. I'm please to report that the issue is now seemingly resolved and the system is working as it should.

Donations If you'd like to donate to the mission of Aberystwyth parish, you can use this QR code. Many thanks for your generosity.
Food Bank Collection points are in each church porch. Recent needs include:
Aberystwyth: grateful for whatever you can give, Aberaeron: grateful for whatever you can give, Lampeter: grateful for whatever you can give. Diolch yn fawr iawn – thank you very much!